

**GIPTON GROWERS** Mondays 1pm - 3pm  
Gardening group. Over 18s. Space2, The Old Fire Station, Gipton Approach LS9 6NL

**FORK TO FORK** Family gardening group. Family activity.  
First session back after the winter break. Meet with the team to plan the sessions for spring.

**GIPTON:** Tuesdays 10am - 12pm. The Church of Epiphany, Beech Lane LS9 6SW

**HAREHILLS:** Wednesdays 10am - 12pm. ARK @ CATCH, Hovingham Avenue LS8 3QY

**SWARCLIFFE:** Thursdays 10am - 12pm. St. Luke's Community Centre, Stanks Lane LS14 5AS

**SPACE TO BREATHE** Mondays 11am - 12pm  
British Lung Foundation have a lovely exercise session for the elderly or anyone with a long-term breathing condition. Dancing and movement fun. Tea and coffee provided. Sessions cost £3, proceeds to the British Lung Foundation. Space2, The Old Fire Station, Gipton Approach LS9 6NL

**COMMUNITY YOGA** Mondays 5.30pm - 6.30pm. Yoga class suitable for every body. Over 16s. £5  
Space2, The Old Fire Station, Gipton Approach LS9 6NL

**NEW YOU** Tuesdays 10am - 12pm  
Start the new year with a new you! Join us for an introduction to yoga followed by a healthy brunch. Family friendly and free. Nowell Mount Community Centre, Nowell Mount LS9 6HR

**GET MOVING** Wednesdays 5.30pm - 6.30pm  
Exercise for all. Family activity. Space2, The Old Fire Station, Gipton Approach LS9 6NL

**THREADING TALES** Tuesdays 9.30am - 11.30am  
Creative craft group. Over 18s. The Feel Good Café, The Old Fire Station, Gipton Approach LS9 6NL

**FAMILY CRAFT GROUP** Tuesdays 9.30am - 11.30am  
Family activity for parents/carers and children aged 5 and under.  
Osmondthorpe Children's Centre, Rookwood Rd LS9 0LX

**HEART 2 ART** Tuesdays 2pm - 4pm.  
Creative art group for all. Over 18s. Space2, The Old Fire Station, Gipton Approach LS9 6NL

**CLEAR OUT YOUR CLOSET** Wednesdays 12.30pm - 2.30pm  
Use your experiences to develop creative self-expression with poet Michelle Scally Clarke. Over 18s. Toast Love Coffee, Harehills Road LS8 5HR

**THE OLD FIRE STATION CHILDREN'S CHOIR** Wednesdays 3.45pm - 5.15pm  
Choir to inspire singing and explore ideas through songwriting. For 8 - 12 year olds.  
Space2, The Old Fire Station, Gipton Approach LS9 6NL

**SPACE 2 SING** Thursdays 3.30pm - 5.30pm. A chance for adults to sing together and feel good.  
Over 18s. Space2, The Old Fire Station, Gipton Approach LS9 6NL

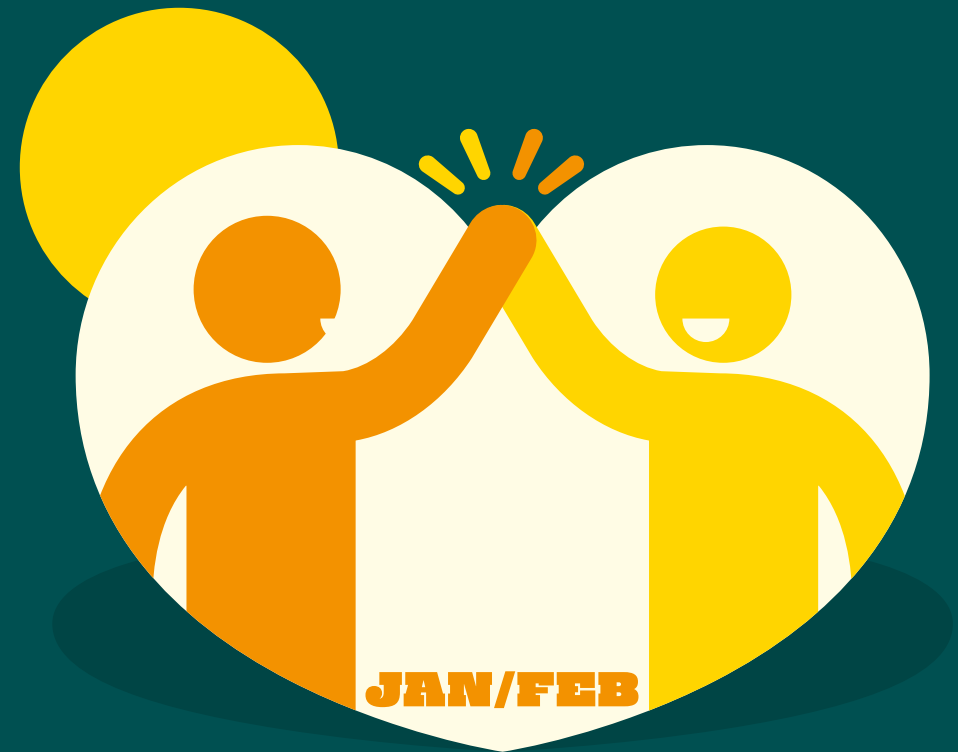
**MEN @ MEANWOOD** Mondays 12pm - 2pm. Men's Group with weekly activities and freshly cooked snacks. Over 18s. Meanwood Community Centre, Stainbeck Avenue LS7 2QU

**SEACROFT MEN'S GROUP** Tuesdays 10.30am - 12.30pm. Group for men with weekly activities and a freshly cooked lunch. Over 18s. Denis Healey Centre, Foundry Mill Street LS14 6RD

**GET IN! (YOUTH CLUB)** Tuesdays 4:30pm - 6pm. A new safe space for young people to socialise, talk and build confidence. For 14 - 19 year olds. Space2, The Old Fire Station, Gipton Approach LS9 6NL

**SPACE 2 BE...** Thursdays 10am - 12pm. Community coffee morning. Friendly place to meet up and grab a brew. Gentle chair-based exercise suitable for everyone wanting to build strength and have fun. All Welcome. Family Friendly. Henry Barran Centre, Amberton Grove LS8 3JR

**FRIDAY NIGHT FILM CLUB** Last Friday of the month 6pm.  
Movie and a meal. Movie £1 at 6pm or join us for a pre-booked meal at 5pm for an extra £4.  
Booking essential: 0113 213 6813. The Feel Good Café, The Old Fire Station, Gipton Approach LS9 6NL



# ACTIVITIES in EAST LEEDS



CHECK OUT "SPACE2 LEEDS" ON FACEBOOK  
FOR MORE INFORMATION!

SPACE2

# ACTIVITIES TIMETABLE

ACTIVITIES ARE FREE UNLESS OTHERWISE STATED



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7 - HALF TERM
<b>MON</b>	6 JAN	13 JAN	20 JAN	27 JAN	3 FEB	10 FEB	17 FEB
		SPACE TO BREATHE (£3)	SPACE TO BREATHE (£3)	SPACE TO BREATHE (£3)	SPACE TO BREATHE (£3)	SPACE TO BREATHE (£3)	SPACE TO BREATHE (£3)
		MEN @ MEANWOOD	MEN @ MEANWOOD	MEN @ MEANWOOD	MEN @ MEANWOOD	MEN @ MEANWOOD	MEN @ MEANWOOD
		GIPTON GROWERS	GIPTON GROWERS	GIPTON GROWERS	GIPTON GROWERS	GIPTON GROWERS	
		COMMUNITY YOGA (£5)	COMMUNITY YOGA (£5)	COMMUNITY YOGA (£5)	COMMUNITY YOGA (£5)	COMMUNITY YOGA (£5)	COMMUNITY YOGA (£5)
<b>TUE</b>	7 JAN	14 JAN	21 JAN	28 JAN	4 FEB	11 FEB	18 FEB
		SEACROFT MEN'S GROUP	SEACROFT MEN'S GROUP	SEACROFT MEN'S GROUP	SEACROFT MEN'S GROUP	SEACROFT MEN'S GROUP	
				FORK TO FORK - GIPTON			
			THREADING TALES	THREADING TALES	THREADING TALES	THREADING TALES	
		FAMILY CRAFT GROUP	FAMILY CRAFT GROUP		FAMILY CRAFT GROUP	FAMILY CRAFT GROUP	
		NEW YOU	NEW YOU		NEW YOU	NEW YOU	
		HEART 2 ART	HEART 2 ART	HEART 2 ART	HEART 2 ART	HEART 2 ART	
		GET IN! (YOUTH CLUB)	GET IN! (YOUTH CLUB)	GET IN! (YOUTH CLUB)	GET IN! (YOUTH CLUB)	GET IN! (YOUTH CLUB)	GET IN! (YOUTH CLUB)
<b>WED</b>	8 JAN	15 JAN	22 JAN	29 JAN	5 FEB	12 FEB	19 FEB
				FORK TO FORK - ARK			
	CLEAR OUT YOUR CLOSET	CLEAR OUT YOUR CLOSET	CLEAR OUT YOUR CLOSET	CLEAR OUT YOUR CLOSET	CLEAR OUT YOUR CLOSET	CLEAR OUT YOUR CLOSET	
		TOFS CHILDREN'S CHOIR	TOFS CHILDREN'S CHOIR	TOFS CHILDREN'S CHOIR	TOFS CHILDREN'S CHOIR	TOFS CHILDREN'S CHOIR	TOFS CHILDREN'S CHOIR
		GET MOVING	GET MOVING	GET MOVING	GET MOVING	GET MOVING	
<b>THU</b>	9 JAN	16 JAN	23 JAN	30 JAN	6 FEB	13 FEB	20 FEB
		SPACE 2 BE...	SPACE 2 BE...	SPACE 2 BE...	SPACE 2 BE...	SPACE 2 BE...	
			FORK TO FORK - SWARCLIFFE	FORK TO FORK - SWARCLIFFE	FORK TO FORK - SWARCLIFFE	FORK TO FORK - SWARCLIFFE	
	SPACE 2 SING	SPACE 2 SING	SPACE 2 SING	SPACE 2 SING	SPACE 2 SING	SPACE 2 SING	SPACE 2 SING
<b>FRI</b>	10 JAN	17 JAN	24 JAN	31 JAN	7 FEB	14 FEB	21 FEB
				FRIDAY NIGHT FILM CLUB (£1)			

If you would like more information please contact Emma Goodway or Camille Thomas:  
 0113 320 0159 - [emmag@space2.org.uk](mailto:emmag@space2.org.uk) - [camillet@space2.org.uk](mailto:camillet@space2.org.uk)



The Fairhurst Fund



Please note we cannot work with unaccompanied children. All children must be accompanied by an adult.